Welcome to the Upper Room!

**OUR MISSION**

**Where we Live a *Dependent Lifestyle* of Living on the Breath of the Holy Spirit.**

**OUR INVITATION**

Each week we **learn, practice and experience** living this kind of Dependence on the Holy Spirit. In effect we go **out-in-the-field** to live out the practical application of **Cooperating and Collaborating with the Holy Spirit** where He leads us, How He leads us, and When He leads in and out of every season.

**OUR LIFESTYLE**

**Fruitfulness Flows from Intimacy!**

Each week we take what we learn from the Holy Spirit and ***APPLY*** these lessons to our lives! *Each day, each hour* **IS RADICALLY DIFFERENT** as we ***LIVE OUT THE LENS AND LANGUAGE OF LOVE!*** These are *His lessons,* through *His Love.* And, it is through His Breath that we are seeing souls healed, being set free from bondage, and experiencing personal healing and healing in their family tree!

**In Essence!**

In the Upper Room we work to **Operate and Cooperate with the Gifts of the Holy Spirit;** Cooperating with His Will, His Way, Every Day and in Every Season to be the Witness of the Fruits of our "Yes" and "Amen." We Rely on His Providence, Promise and Protection so that He can Heal us, Convert us, and Deliver us as He Sanctifies, Purifies, Edifies and Unifies us to Him.

These are lessons and sessions on how to **Cooperate and Collaborate with the Holy Spirit** and the fruits of listening to His direction (John 14:26). As a result, we are seeing transformed lives and healing (physically, emotionally and spiritually), including unity in the family and generational healing! He is the Divine Physician yesterday, today and tomorrow!

**Time**: **10-11:30 MST; 12-1:30 EST**

**Location: Physical:** 12596 Brookhill Dr

**Online:**<https://zoom.us/j/4960191976>

**Calling In? Please Dial**1 (646) 876-9923,4960191976#

Once In, Press the # Again.

THIS WEEKS RECORDING: Click on Link or Copy and Paste into your Browser

UPDATED PLAYLIST

https://www.youtube.com/playlist?list=PLEHCv4pbPg7x1u8v1xdRFCjvFWg3YtXDE

**Website**: www.InOneSpirit.com

Welcome to the Upper Room!

Praise God that you have discovered us! The Upper Room is not just a “prayer group” although we pray fervently. And, we are not just a “bible study” although we are steeped in scripture. The Upper Room is a “Lifestyle-Mission.”

And our mission is to **Live on the Breath of the Holy Spirit; His Will, His Way, In our Everyday, In and Out of Season.** Moment by moment and day by day, we work to position ourselves to yield, depend, and rely and press in to the Holy Spirit for His guidance, His grace, and the desires of His heart; so that OUR lives are a testimony of HIS work within us and we are witnesses of our “Yes and Amen” to Him.

For, Jesus tells us in John 14:25-27:

25 “All this I have spoken while still with you. 26 But the Advocate, the Holy Spirit,

whom the Father will send in my name, will teach you **all** things and will remind

you of **everything** I have said to you. 27 Peace I leave with you; my peace I give

you. I do not give to you as the world gives. Do not let your hearts be troubled and

do not be afraid”.

Keeping this in mind, I’m sure you can see why the desire of our hearts, in the Upper Room is to **listen** **well** to what Holy Spirit has to say in **every** moment of our day! To do this we **“press” into** His heart and **listen** to His promptings and to **operate** in His gifts so that we can: **know**, **love**, and **serve** Him as He **directs**. (CCC 1719)

In 1 Corinthians 12, the Word states that we are called to operate in the Gifts of the Holy Spirit as He desires. St. Paul says we are to pray for the gifts fervently! (1 Cor. 12:31) In the Upper Room, we learn how to operate and cooperate with these gifts. And in doing so, souls have expressed a deepening of faith; a greater sense of joy and a peace in their hearts that comes directly from the work of the Holy Spirit.

We have witnessed and experienced miraculous healings--physically, emotionally and spiritually! This is **ALL** HIS work in us, as we yield to His anointing Presence. As we posture our hearts yielded to His love, our dependence on Him **increases**, and our awareness of His guidance **deepens**.

We meet in the Upper Room on Tuesdays 10-11:30 MDT in my Colorado Springs home unless otherwise stated because of extenuating circumstances. My address is (12596 Brookhill Dr.),

**Can’t Be Here in Person?**

For those who would like to join in online, please see the links and directions below. And for any of you who want to join in “live,” but cannot, don’t worry, these sessions are recorded and uploaded to my YouTube Account (see link below). This account is an unlisted account for now meaning, if you search for me in a general search online you won’t be able to locate the “Upper Room”. However, everyone is invited who has a desire to join in. And, if you’d like to share the recordings you may; simply copy and paste the URL to your friends and family.

If you’ve come **for healing and edification** in your spiritual walk, you’ve come to the right place! If you want to become more **intimate with Jesus** – you’ve come to the right place. If you need **healing in your family tree** – you’ve come to the right place! If you would like to learn to **hear the Holy Spirit** – you’ve come to the right place! Just ask all those **souls who can testify** to the fruits for the last 2 1/2 years we’ve been meeting live on-line.

**Ministry Background**

While we’ve been online for 2 ½ years, I’ve been doing this ministry in spiritual direction for over 20 years. My Masters is held in Educational Psychology where I have a diverse background, serving various school districts, teaching homes, and private treatment facilities.

Throughout my faith journey, I’ve felt the call on my life to teach, but I also felt the call on my life to serve our Lord and minister to souls. In one beautiful broad stroke, Jesus combined the gifts He has given me into the ministry that I do now: Individual and group spiritual direction. Behold, the Upper Room!

Anyone operating in the gifts of the Holy Spirit and teaching others needs good spiritual direction. And so, with our move to Colorado Springs, Jesus led me to my current spiritual director.

Bishop Emeritus Hanifen is my spiritual director and, I also check in with my local Bishop, Bishop Sheridan periodically to share my speaking engagements and other ministry events. Bishop Sheridan has given his blessing over the work that we are doing in the Upper Room.

**Recordings and Sharing the Teachings**

You may share the Upper Room recordings as you are led by the Holy Spirit. Please consider inviting me for a mission, a speaking engagement or a retreat in your church or prayer group(Email me at lifeinthespirit3@yahoo.com or Inonespirit23@gmail.com). We are happy to serve!

Our website is currently under construction by a faithful prayer warrior. (www.InOneSpirit.com)

**YouTube Recordings:**

In these Upper Room recordings prayer is offered for your intentions towards the latter part of the teaching. Whether you are “live” or simply listening to a recording we pray the same anointed prayer! Your position is to be “expectant and receiving.” If you receive a healing please send your testimonies to: inonespirit23@gmail.com. This is **very important** as we are gathering all the healing testimonies and handing them over to my Bishop so that he will see the fruit of this ministry!

<https://www.youtube.com/playlist?list=PLEHCv4pbPg7x1u8v1xdRFCjvFWg3YtXDE>

**Fieldnotes from The Upper Room Ministries**

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Along with each YouTube Recording you will also receive Fieldnotes that reflect how the Holy Spirit worked in our lives during the week. It is a personal call to your own heart. It is a time to reflect on how you answered **your** call (with your “yes and Amen”) to **cooperate and collaborate with the Holy Spirit** and His work within you.

**SUPPORT THE UPPER ROOM**

Do you have the ability to support the Upper Room with a Free Will offering? If so, it would do wonders in supporting some of the financial issues that I need to take care of in running the group! Your Free Will offering will go to paying for a website, zoom room, office supplies, purchasing educational materials, and in publication of the various books I am writing! (And we have one ready for publication within the next few months!) There are also the costs built into the travel that I do for speaking engagements in sharing about the fruits and gifts of the Holy Spirit or getting more education on my end to share on your end.

If you are not able to offer financial support, no worries! Prayer is your call! Please keep the Upper Room in your prayers! We trust in Providence of Heaven.

I thank you in advance for anyway that you are able to support this ministry!

I look forward to seeing you and welcoming you into....The Upper Room!

If at any time you’d like to unsubscribe, please let me know and I will be happy

to accommodate your wishes.

Peace, Prayers, and Blessings,

**Vickie Smith, M.Ed.BDV.**

**(Third Order Benedictine of the Divine Will)**